

Monday

Face to Face appointments:

Jan Cutting HLC, Scott Business Park, Beacon Park Rd. PL2 2PQ - **09.20 – 11.30**

Ernest English House, Buckwell Street, PL1 2DA - **10.00 – 13.00**

The Lodge, Mount Gould Hospital, PL4 7QD - **14:00 - 17:00**

Telephone appointments:

Telephone Consultation Clinic- **13.00 – 16:00**

Tuesday

Telephone appointments:

Telephone Consultation Clinic – **14:20 – 18:10**

Wednesday

Face to Face Appointments:

Rees Centre, Mudge Way Plympton PL7 1PS – **09:00 – 12:45**

Efford Library, 19 Torridge Way, PL3 6JQ - **12:30 - 16:15**

Telephone appointments:

Telephone Consultation Clinic - **17.00 – 19.40**

Thursday

Face to Face Appointments:

Mount Gould Wellbeing Hub, Astor Road, PL4 9RD - **09.30 – 12.30**

Mount Gould The Wellbeing Lodge PL4 7QD - **09.30 - 12.30**

Friday

Face to Face Appointments:

Fourwoods, 415 Crownhill Rd, PL5 2LN - **09.30 - 12.30**

Four Greens, Whitleigh, PL5 4DD - 10.00 – 13:00

Saturday

Face to Face Appointments:

Cumberland Centre, Damerel Close, PL1 4JZ - **09.30 – 16:15**

Cumberland Centre, Damerel Close, PL1 4JZ - **09:20 – 13:00**