

Monday

Face to Face appointments:

Jan Cutting HLC, Scott Business Park, Beacon Park Rd. PL2 2PQ Amy 09.20 – 11.30

Ernest English House, Buckwell Street, PL1 2DA – Duncan 10.00 – 13.00

Telephone appointments:

Telephone Consultation Clinic— Lisa H - 13.00 – 16:00

Tuesday

Telephone appointments:

Telephone Consultation Clinic – Tracey 14:20 – 18:10

Wednesday

Face to Face Appointments

Rees Centre, Mudge Way Plympton PL7 1PS – Steph 09:00 – 12:45

Telephone appointments:

Telephone Consultation Clinic - Tracey 13.40 – 17:00

Telephone Consultation Clinic - Lisa H 17.00 – 19.40

Thursday

Face to Face Appointments

Mount Gould Wellbeing Hub, Astor Road, PL4 9RD. – Nora 09.30 – 12.30

Mount Gould The Wellbeing Lodge PL4 7QD – Camilla - 0930-1230 –

Mount Gould Wellbeing Hub, Astor Road, PL4 9RD.- Sarah 15.00 – 17.40

Foulston Park, Madden Road, Devonport. PL1 4NE – Holly 15:40 – 18:40

Telephone Appointments

Telephone Consultation Clinic– Lynne 09:40 – 12.40

Friday

Face to Face Appointments

Four Greens, Whiteleigh, PL5 4DD– Sarah 10.00 – 13:00

Telephone Appointments

Telephone Consultation Clinic – Amy 09:30 – 12.30 (soon to be replaced by a Face to Face Clinic)

Telephone Consultation Clinic - Lisa CW 09.30 – 12.30

Saturday

Face to Face Appointments

Cumberland Centre, Damerel Close, PL1 4JZ – Alyson 09.30 – 16:15

Cumberland Centre, Damerel Close, PL1 4JZ – Angi 09:20 – 13:00

Face to Face Drop In Sessions (No Appointment Needed)

Mondays 1-2pm @ Ernest English House, Buckwell Street, Plymouth, PL1 2DA

Thursdays 2-3:30pm @ Foulston Park Madden Rd, Devonport, Plymouth PL1 4NE

Fridays 10:30am-12:30pm @ Jan Cutting Centre, Scott Business Park, Beacon Park Rd,
Plymouth PL2 2PQ